



AGING WELL EXPO



PRESENTING SPONSOR:

THRIVENT
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Thur, March 30 • 9 AM – 3 PM • Free Event • Bob Duncan Center

Arlington is committed to the health of its community! This FREE expo is packed with health professionals and a variety of informative presentations on wellness that will engage and empower adults of any age. Come find out what services and resources are available for housing and volunteerism and learn ways to improve your health and lifestyle! For more info, visit ArlingtonTX.gov/AgingWell or call 817-277-8091.

