



2019
aging well
EXPO

Register by Feb. 7 to receive **FREE** lunch!

THURSDAY, FEBRUARY 21 | 9 AM -2 PM
ARLINGTON CONVENTION CENTER

- OVER 100 HEALTH & WELLNESS VENDORS
- FITNESS DEMONSTRATIONS
- EDUCATIONAL PRESENTATIONS
- HEALTH SCREENINGS
- INFORMATION ON VOLUNTEERISM IN ARLINGTON
- AND MORE!

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