



City of Arlington



Why a Clinic?

▶ Removing the Barrier to Care

- ▶ The City has chosen to offer this benefit to ensure that pre-65 retirees, employees & family members can receive high quality care they can afford to use!
- ▶ **Little to no Member Expense**
- ▶ Multiple locations for accessibility

▶ More Time with Quality Providers

- ▶ Physicians are concerned about whole health, & are motivated to keep members well
- ▶ Appointments are not rushed, and can be comprehensive or direct as needed

▶ Value of Time

- ▶ CareATC monitors the network of clinics to guarantee City of Arlington Employees have appointment availability when needed
- ▶ Scheduling system ensures employees are in & out
- ▶ Preventive care - Opportunity to get in front of the ailment

Our Mission

Our mission is to ***promote health, prevent disease and provide a shorter path to care.***

What We Offer

We Provide High Quality Primary Care

Personal Health Assessments

We Supplement Your Insurance

Safe & Secure - 100% HIPAA Compliant

- **CareATC Services available to Employees, Spouses, & Dependents on the City of Arlington Health Plan**



Full Service Primary Care

Chronic and Acute Primary Care

Disease Management

Lab Work and Medication Management

- All clinic services offered to EPO Plan members at No Cost.
- A \$40.00 Office Visit Fee will apply to High Deductible Health Plan members seeking non-preventive care until deductible has been met. Preventive Services remain at No Cost.



Non-Preventive & Preventive Services

Examples of Non-Preventive Services	Examples of Preventive Services
Cold, Flu, Sore Throats	Physical Exams
Fevers / Infections	Personal Health Assessments
Skin Irritations	Wellness Services
Bumps / Bruises	Cholesterol Management
Sprains / Strains	Diabetes Prevention
Cuts / Lacerations	Blood Pressure Checks
Adult Immunizations	Tobacco Cessation
Allergies	Immunizations



Personal Health Assessments or PHA's

Give You a Snapshot of Your Health

Biometric Screening

Health Risk Assessment

Personalized Results

Personal Call for High-Risk Results

Detailed Lab Results

CareATC

PERSONAL HEALTH SUMMARY

DRAW DATE: _____



John N. Doe
1234 S Elm St
Tulsa, OK 74134

IMPORTANT

HOW TO ACTIVATE PATIENT PORTAL

1. Visit [patients.careatc.com](#)
2. Click "Use Account"
3. Enter your account number
4. Follow the instructions

RESULTS AT A GLANCE

CURRENT RISK LEVEL

● Normal Results that fall within the normal range are displayed in green.
● Abnormal Results that fall within the abnormal range are displayed in yellow. The term "abnormal" indicates the values lay outside of normal ranges and should be monitored and discussed with your doctor.
● Critical Results that fall within the critical range are displayed in red. Lab values within the critical range should be addressed by your doctor immediately.

NOTICE
These results are not a diagnosis. We encourage you to review results with your healthcare provider by scheduling a PHA follow up.

HOW TO READ YOUR RESULTS

VITALS

Test Name	Result	Risk	Previous	% Change	Normal
Height	66.75	●	66.75	0	0.99
Weight	164	●	162	1%	0.99
Body Mass Index (BMI)	25.9	●	23.2	10%	18.5-24.9
Waist Measurement	33	●	32	3%	0-44
Systolic Pressure	102	●	118	16%	0-149
Diastolic Pressure	66	●	71	8%	65-79
Tobacco Usage	YES	●	YES	NA	NO

HEART

Test Name	Result	Risk	Previous	% Change	Normal
Total Cholesterol	66.75	●	66.75	0	0.99
LDL Cholesterol	164	●	162	1%	0.99
HDL Cholesterol	25.9	●	23.2	10%	18.5-24.9
Ratio of Cholesterol to HDL	33	●	32	3%	0-44
Triglycerides	102	●	118	16%	0-149

MORE INFO

KIDNEYS

Test Name	Result	Risk	Previous	% Change	Normal
Sodium (Na)	66.75	●	66.75	0	0.99
Potassium (K)	164	●	162	1%	0.99
Chloride (Cl)	25.9	●	23.2	10%	18.5-24.9
Carbon Dioxide (CO2)	33	●	32	3%	0-44
Blood Urea Nitrogen (BUN)	102	●	118	16%	0-149
Creatinine, Serum	0.84	●	0.87	1%	0.57-1.00
BUN/Creat Ratio	14	●	16	1%	9-23
Calcium (Ca)	0.9	●	0.94	1%	87-102

ENDOCRINE

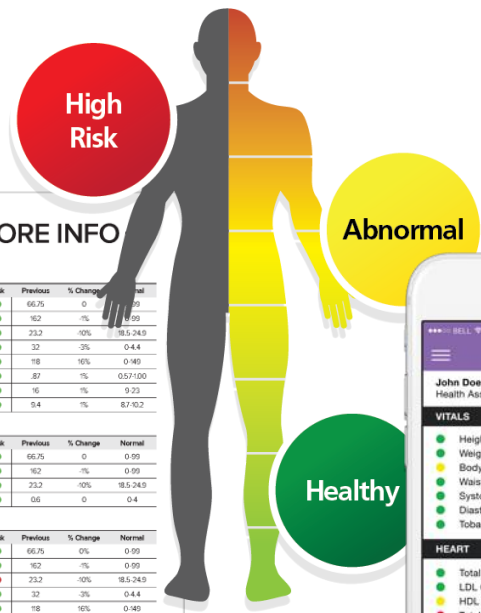
Test Name	Result	Risk	Previous	% Change	Normal
Glucose (g/dl)	66.75	●	66.75	0	0.99
Hemoglobin A1c (HbA1c)	164	●	162	1%	0.99
Thyroid Stimulating Hormone (TSH)	25.9	●	23.2	10%	18.5-24.9
PSA	0.6	●	0.6	0	0-4

LIVER

Test Name	Result	Risk	Previous	% Change	Normal
Albumin	66.75	●	66.75	0%	0.99
Total Protein	164	●	162	1%	0.99
Gamma-GT (GGT)	25.9	●	23.2	10%	18.5-24.9
Alk Phosphatase (ALP)	33	●	32	3%	0-44
ALT (SGPT)	102	●	118	16%	0-149
AST (SGOT)	0.84	●	0.87	1%	0.57-1.00
Bilirubin, Total	14	●	16	1%	9-23
APR-Ratio	0.9	●	0.94	1%	87-102

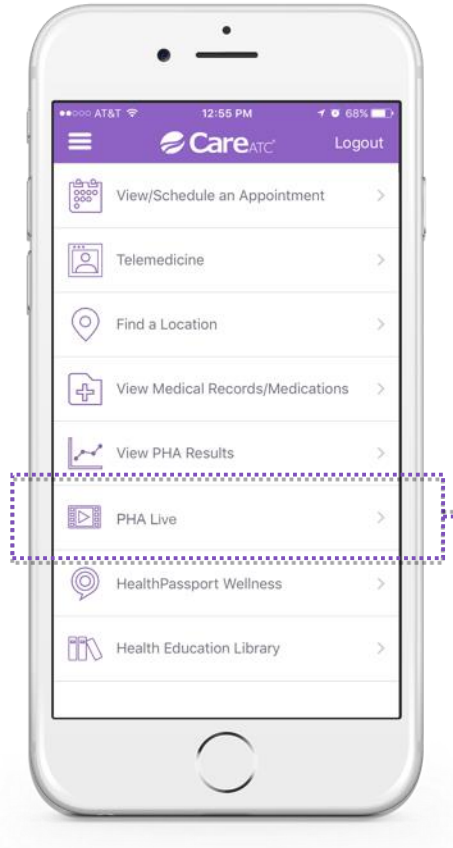
COMPLETE BLOOD COUNT

Test Name	Result	Risk	Previous	% Change	Normal
White Blood Cells (WBC)	66.75	●	66.75	0%	0.99
Red Blood Cells (RBC) (F)	164	●	162	1%	0.99
Hemoglobin (HGB)	25.9	●	23.2	10%	18.5-24.9
Hematocrit (HCT) (Female)	33	●	32	3%	0-44
Platelets (PLT)	102	●	118	16%	0-149



The smartphone screen shows the CareATC patient portal for John Doe. It displays a "VITALS" section with a green dot for Height and a yellow dot for Weight. The "HEART" section shows a green dot for Total Cholesterol and a yellow dot for LDL Cholesterol. The "KIDNEYS" section shows a green dot for Sodium and a yellow dot for Potassium. The "LIVER" section shows a green dot for Albumin and a yellow dot for Total Protein.

Digital Results and Education



Patient Portal & Mobile App Available for iPhone & Android Users

Appointment Scheduler

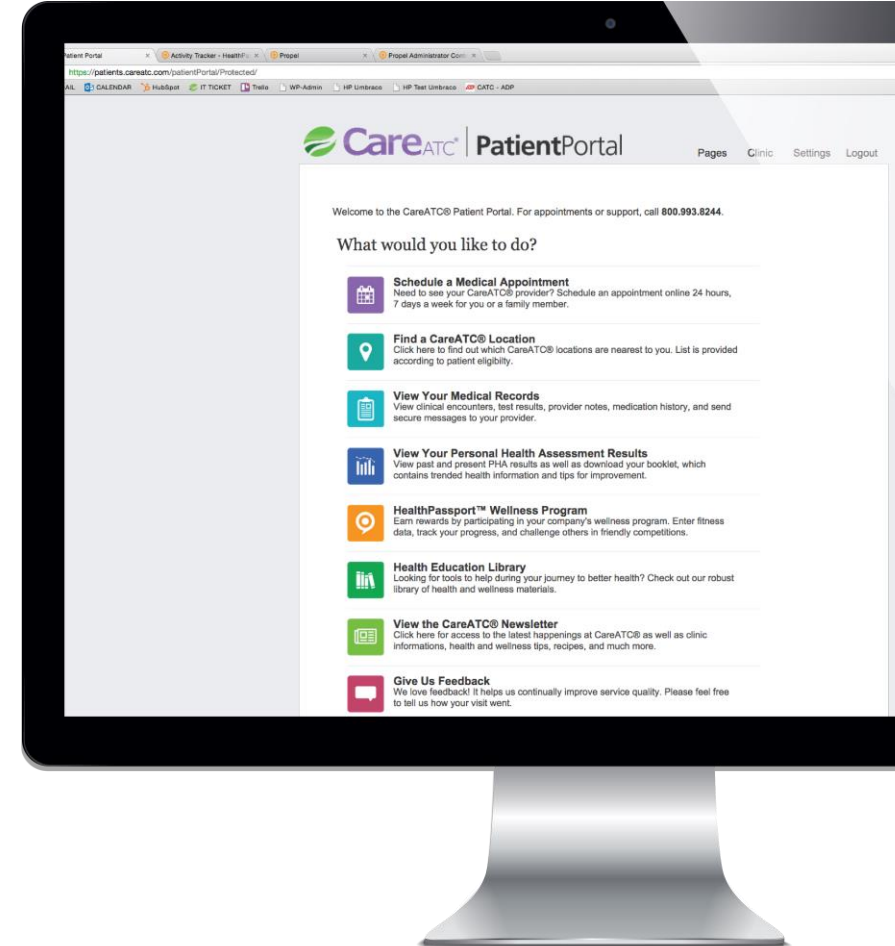
Clinic Locations and Mapping

Medical Records

Biometric Screening Results (PHA)

Health Education Library

Wellness and Incentive Management



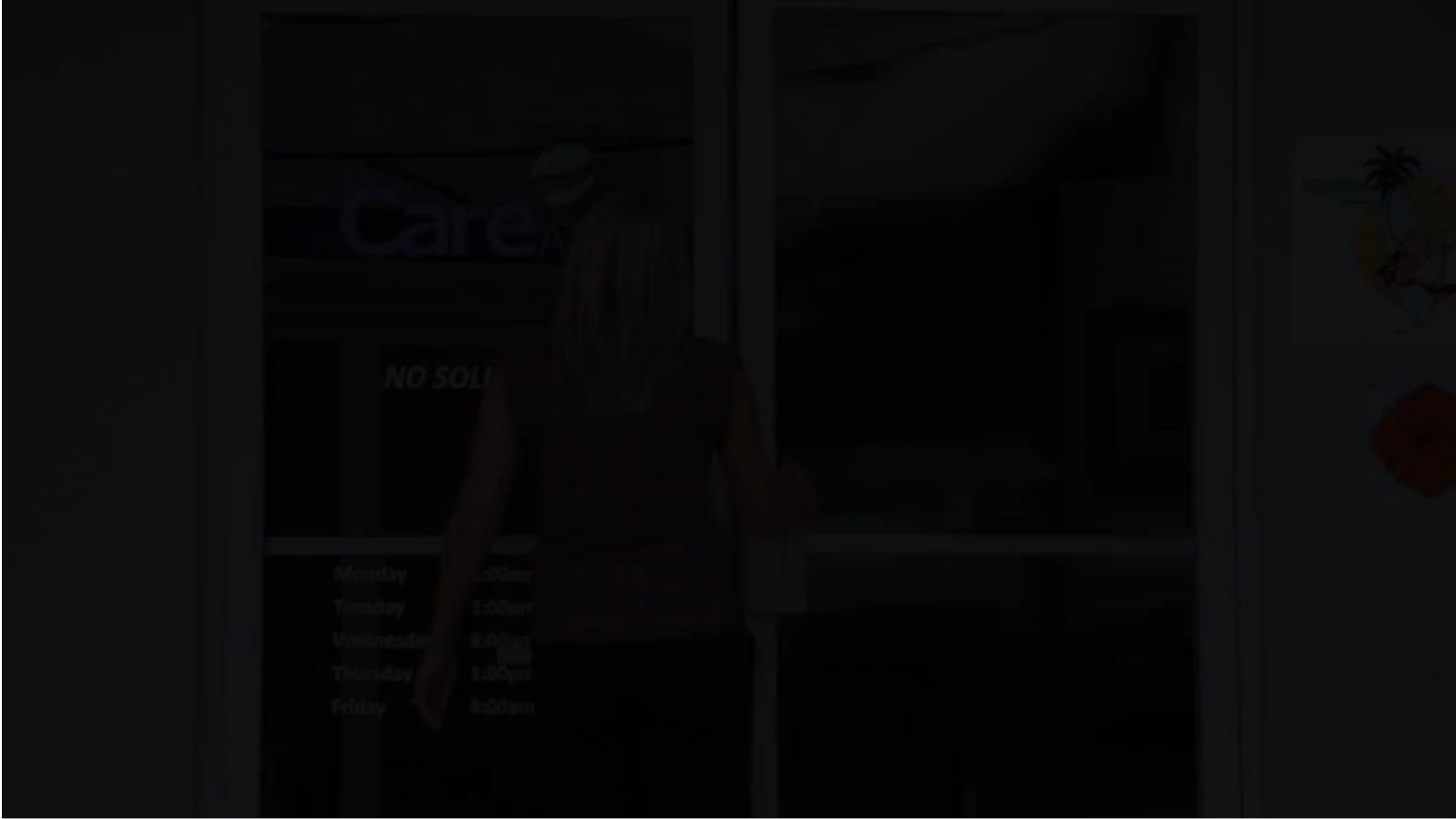
Mobile App Overview Video

Access to healthcare is more
convenient than ever before.

CareATC Clinic Locations

- Arlington Clinic:
3050 S. Center St. Suite 130 Arlington, TX 76014
- Fort Worth Clinic:
6618 Fossil Bluff Dr. Suite 132 Fort Worth, TX 76137
- Richardson Clinic:
1060 W. Campbell Rd. Richardson, TX 75080
- Mansfield Area – Clinic Coming Soon!

Remarkably Different Health Care



CareATC Arlington – Opening February 26, 2018



Olayemi Fashemo, DNP, APRN

Dr. “Yemi” Fashemo attended Indiana State University, in Terre Haute, IN, where she received her Advanced Practice as a Family Nurse Practitioner. She advanced her education and also received a Doctor of Nursing practice, while in Indiana as well. In her spare time, Yemi provides Primary Care for the medically underserved population at the Agape Clinic in Dallas, with a patient population ranging from 1 month to 80 years. She has vast experience in developing evidence based educational training curriculum continuity for healthcare professionals. Yemi loves engaging her patients, and is excited to work with the CareATC model which will allow her to spend time with her patients!

Clinic Hours of Operation

Monday: 7:00 to 11:00AM & 12:00 to 4:00PM

Tuesday: 8:00AM to 12:00PM & 1:00 to 5:00PM

Wednesday: 7:00 to 11:00AM & 12:00 to 4:00PM

Thursday: 8:00AM to 12:00PM & 1:00 to 5:00PM

Friday: 7:00 to 11:00AM & 12:00 to 4:00PM

Saturday: 9:00AM to 1:00PM

CareATC Arlington



Dr. Gbemi Olubanjo

"Dr. Olubanjo received her Doctorate of Medicine degree from the University of Lagos in Nigeria and completed her Pediatric Post-Graduate training at University of Lagos Teaching Hospital. After 4 years as a Medical Officer and Primary Care Physician in Lagos, she completed her US Residency at Memorial Hospital in South Bend, IN before moving to Texas. Dr. Olubanjo is currently a practicing physician and has served as Assistant Professor of Community and Family Medicine at the University of North Texas. Dr. Olubanjo's interests include preventive care & women's health. Overall she enjoys taking care of all patients in a primary care setting, and joined CareATC in 2017. In her free time, she enjoys spending time with family, reading, charity work and volunteering at her church.

Clinic Hours of Operation

Monday: 7:00 to 11:00AM & 12:00 to 4:00PM

Tuesday: 8:00AM to 12:00PM & 1:00 to 5:00PM

Wednesday: 7:00 to 11:00AM & 12:00 to 4:00PM

Thursday: 8:00AM to 12:00PM & 1:00 to 5:00PM

Friday: 7:00 to 11:00AM & 12:00 to 4:00PM

Saturday: 9:00AM to 1:00PM

CareATC Fort Worth



Natalie Hull, D.O.

Dr. Natalie Hull attended medical school at the University of Health-Sciences College of Osteopathic Medicine in Kansas City, MO. Dr. Hull completed her residency in the Wichita Falls Family Practice Residency Program in Kansas, and the Plaza Medical Center in Fort Worth, TX. She then began working in Family Medicine in private practice. Dr. Hull has been with CareATC since 2011. She views each patient as family and strives to do the best for them.

Clinic Hours of Operation

Monday – Friday: 8:00Am to 12:00PM & 1:00 to 5:00PM

CareATC Richardson



Patricia A. Lesczynski, MD

Dr. Patricia Lesczynski is originally from Matehuala San Luis Potosi, Mexico, but grew up in Dallas, Texas and considers herself a true Texan. She graduated from the University of Texas Medical School at San Antonio in May 2002 and completed her residency training at the Baylor Family Medicine Residency in Garland where she was selected to serve as a chief resident during her last year. Before joining the Care ATC team in 2008, she dedicated herself to providing medical care for underserved/uninsured patients at Central Dallas Ministries through Baylor University Medical Center in Dallas, Texas. Her focus is to teach and practice preventive medicine while helping patients take control of their chronic diseases.

Clinic Hours of Operation

Monday: 8:00AM to 12:00PM & 1:00 to 5:00PM

Tuesday: 7:00AM to 5:00PM

Wednesday: 7:00AM to 5:00PM

Thursday: 7:00AM to 5:00PM

Friday: 8:00AM to 12:00PM & 1:00 to 5:00PM

CareATC Richardson



Elizabeth C. Bradshaw, D.O.

Dr. Elizabeth Bradshaw has practiced family medicine since 1983. She has worked in the Dallas area specifically since 1989. She attended Medical school in Fort Worth, at the Texas College of Osteopathic Medicine. She completed her internship and residency in Family Medicine at David Grant USAF Medical Center on the Travis Air Force Base in CA, where she also served as Chief Resident. Dr. Bradshaw enjoys seeing children and adults at CareATC, and has been with the company since 2016.

Clinic Hours of Operation

Monday: 8:00AM to 12:00PM & 1:00 to 5:00PM

Tuesday: 7:00AM to 5:00PM

Wednesday: 7:00AM to 5:00PM

Thursday: 7:00AM to 5:00PM

Friday: 8:00AM to 12:00PM & 1:00 to 5:00PM

Questions?