

WHEREAS, as many as 32 million Americans have food allergies; nearly 6 million are children under the age of 18; and

WHEREAS, research shows that the prevalence of food allergy is increasing among children and adults; and

WHEREAS, nine foods cause the majority of all food allergy reactions in the U.S. – shellfish, fish, milk, eggs, tree nuts, peanuts, soy, wheat and sesame – and symptoms of a food allergy reaction can range from mild to severe, such as anaphylaxis; and

WHEREAS, anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death; and

WHEREAS, food allergy results in more than 200,000 U.S. emergency room visits each year; and

WHEREAS, reactions typically occur when an individual unknowingly eats a food containing an ingredient to which they are allergic; and

whereas, the number of food allergy reactions requiring emergency treatment is up sharply over the past decade, with a 377 percent rise in insurance claim lines with diagnoses of anaphylactic food reactions between 2007 and 2016; and

WHEREAS, FARE (Food Allergy Research and Education) is a national nonprofit organization dedicated to improving the quality of life and the health of individuals with food allergies, and to providing them hope through the promise of new treatments.

NOW, THEREFORE, I, W. Jeff Williams, Mayor of the City of Arlington, Texas, and on behalf of the Arlington City Council, encourage the residents of Arlington to increase their understanding and awareness of food allergies and anaphylaxis and do hereby proclaim May 9-15, 2021 as

FOOD ALLERGY AWARENESS WEEK

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City to be affixed this 4th day of May in the year of Our Lord two thousand and twenty-one.

A Nayor

