

# Proclamation

**WHEREAS,** mental health is essential to everyone's overall health and well-being; and

**WHEREAS,** all Americans experience times of difficulty and stress in their lives; and

**WHEREAS,** prevention is an effective way to reduce the burden of mental health conditions; and

**WHEREAS,** agencies such as Positive Actions International are committed to support understanding of mental health and provide practical tools that all people can use to improve their mental health and increase resiliency; and

**WHEREAS,** mental health conditions are real and prevalent in our nation during COVID-19 crisis; and

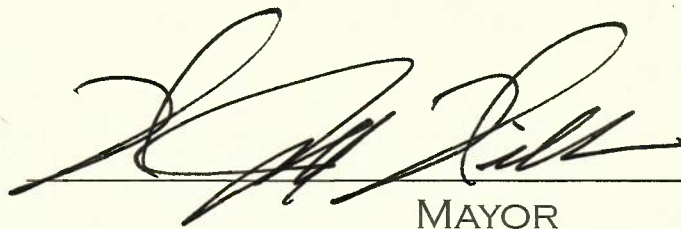
**WHEREAS,** with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

**WHEREAS,** each government agency, business organization, and citizen shares the burden of mental health problems and has the responsibility to promote mental wellness and support prevention efforts.

**NOW, THEREFORE, I,** W. Jeff Williams, Mayor of the City of Arlington, Texas, and on behalf of the Arlington City Council, do hereby proclaim May 15, 2021 as

## MENTAL HEALTH DAY

*IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City to be affixed this 11<sup>th</sup> day of May in the year of Our Lord two thousand and twenty-one.*

  
MAYOR

