



# Active Adult April 2023

## at Dottie Lynn Recreation Center 3200 Norwood Lane, Arlington

### MONDAYS

Craft Group 9 to 11 AM

Chair Exercise w/Susie 10 to 11 AM

Ukulele Band 12:30 to 2 PM

Line Dance w/Alison 1 to 2 PM

**Bridge Lessons** on Tuesdays 9-11AM  
Call Nancy B. if you're interested  
817-291-3156

### WEDNESDAYS

Chair Exercise w/Susie 10 to 11 AM

Bridge Group 11:30 AM—2:30 PM

### CELL PHONE HELP @ Dottie

#### Cell Phone Help with Kevin Brown

Wednesdays April 5 & May 3

at 1:30-2:30 PM

Get questions answered about your cell phone

Bring phone and questions with you.

\$5 per person.

Must Pre-register. 817-575-8295



#### Murder Mystery High Tides & Good Vibes

Saturday April 1 from 3:00 to 5:00 PM

Fee \$20 per person

It's time to attend the party of the year. Any by party we mean MURDER! You'll socialize and schmooze with beachcombers. Secrets will be revealed, a homicide will happen, and you'll find sand in places where sand doesn't belong.

And right after....

#### Block Party with Butch

Saturday April 1 from 5:00 to 7:00 PM

Free Event

Cliff Nelson Recreation Center

4500 W. Bardin Road

Free tasty smoked meats & drinks.

Call 817-561-2819 to register.



Free tax preparation assistance for individuals and households with an annual income of \$60,000 or less.

JANUARY 17 - APRIL 15 | EAST LIBRARY AND RECREATION CENTER.  
APPOINTMENTS ARE WALK-IN ONLY. FIRST COME, FIRST SERVED.

#### APPOINTMENT TIMES

##### MONDAY

10 a.m. - 3 p.m.

##### WEDNESDAY

10 a.m. - 3 p.m.

##### SATURDAY\*

9 a.m. - 2 p.m.

\*Available Jan. 21, Feb. 4, Feb. 18, Mar. 4, Mar. 18, Apr. 1, Apr. 15

SCAN CODE FOR  
MORE INFORMATION



#### Hollywood Glam Senior Prom

Friday April 21, from 4:00 to 7:00 PM

East Library & Rec Center

1817 New York Ave.

Must pre-register. Call 817-575-8295.

Free event sponsored by Butch  
with United Healthcare





# ADULT DAY TRIPS & EVENTS

ARLINGTON'S EVENTS & ADVENTURES FOR MORE ACTIVE ADULTS!

For more information contact [Susie.Traylor@ArlingtonTX.gov](mailto:Susie.Traylor@ArlingtonTX.gov) or call 817-575-8295

## SPRING 2023 Adult Day Trips

### MARCH

#### TOP OF HILL —MEET THERE

Arlington Vegas before Vegas

3301 West Division

Rates 4.9 out of 5

Tuesday, March 28

9:45A—Noon \$10/person

OR

\$18/person w van transportation  
from Dottie

### APRIL

#### FW JAPANESE GARDENS 36472

Thursday April 6

EAST 9A-3P \$35/person

#### BLUEBONNET TRAILS 36852

Thursday, April 13 Ennis

Date may change based on  
Bloom schedule.

DOTTIE 9A—4P \$20/person

#### ENNIS BLUEBONNET FESTIVAL

Saturday, April 15 VAN #36633

ELZIE 9A—4P \$18/person

#### CRAZY WATER FACTORY 36851

Tuesday, April 18

DOTTIE 9:00A—4P \$22/person

#### DALLAS HERITAGE VILLAGE\*\* 37701

Thursday, April 20

CLIFF 11A-5P \$25/person

#### GRANBURY WINE WALK

Saturday, April 22 VAN 36632

ELZIE 9A—4P \$45/person

#### DALLAS BLOOMS@ARBORETUM

Tuesday April 25 36476

EAST 9A-3P \$35/person

### MAY

#### ON GOLDEN POND @ THEATRE ARLINGTON, MEETUP\* 36853

Sunday, May 7 \$26/person

Meetup 1:30 PM to 4:00 PM

#### RIVER RANCH—DENTON

Thursday May 11 Dallas

EAST 9A —3P \$35/person

#### HOLOCAUST MUSEUM

Thursday May 18 Dallas

EAST 9A —3P \$32/person

#### LAVENDAR RIDGE FARMS 36854 GAINESVILLE-LUNCH INCLUDED

Friday, May 26

DOTTIE 9AM TO 4P

\$40/INCLUDES LUNCH

### JUNE

#### DOWNTOWN GRAPEVINE -36853

Thursday June 8, 9am-3p

BOB DUNCAN \$18/person

#### AFRICAN AMERICAN MUSEUM

Gus' Fried Chicken for Lunch

Thursday June 15 Dallas

EAST 9A —2P \$23/person

#### DENTON-Courthouse, Bayless Selby House & African American Museum in Denton

Thursday June 22 ; 9A-4P

BOB DUNCAN \$30/person

#### 6th FLOOR MUSEUM@DEALY PLAZA-KENNEDY LEGACY

Thursday June 29 Dallas TBD

EAST 9A —2P

#### BOB DUNCAN CENTER

2800 South Center 817-465-6661

EAST LIBRARY & REC CENTER

1817 New York Ave 817-275-1351

CLIFF NELSON REC CENTER

4600 W. Bardin Road 817/561-2819

DOTTIE LYNN REC CENTER

3200 Norwood 817-277-5001

ELZIE ODOM REC CENTER

1601 ~~NE~~Green Oaks 817-459-6434

### MONTHLY BREAKFASTS

Monthly Breakfast @ Skillet N  
Grill, 1801 W. Division Street.

Tuesdays—Meet There 8:15AM

Food Separate Apr 18 , May 16  
& June 20.

<https://naturallyfun.org/engagearlington>